Clinical Policy: RimabotulinumtoxinB (Myobloc)
Reference Number: CP.PHAR.233
Effective Date: 07.01.16
Last Review Date: 02.20
Line of Business: Commercial, Medicaid, HIM - Medical Benefit

See Important Reminder at the end of this policy for important regulatory and legal information.

Description
RimabotulinumtoxinB (Myobloc®) is an acetylcholine release inhibitor and a neuromuscular blocking agent.

FDA Approved Indication(s)
Myobloc is indicated for the treatment of:

- Adults with cervical dystonia (CD) to reduce the severity of abnormal head position and neck pain associated with CD
- Adults with chronic sialorrhea

Policy/Criteria
Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation® that Myobloc is medically necessary when one of the following criteria are met:

I. Initial Approval Criteria
   A. Cervical Dystonia (must meet all):
      1. Diagnosis of CD (see Appendix D);
      2. Prescribed by or in consultation with a neurologist, orthopedist, physiatrist, or physical medicine and rehabilitation specialist;
      3. Age ≥ 18 years;
      4. Experiencing involuntary contractions of the neck and shoulder muscles (e.g., splenius capitis, sternocleidomastoid, levator scapulae, scalene, trapezius, semispinalis capitis) resulting in abnormal postures or movements of the neck, shoulders or head;
      5. Contractions are causing pain and functional impairment;
      6. Provider submits treatment plan detailing the quantity (in units) of Myobloc to be injected in each muscle site, anticipated frequency of injection, and total dose per visit;
      7. Dose does not exceed 10,000 units per treatment session.

Approval duration:
Medicaid – 12 weeks (single treatment session)
Commercial – 6 months
B. Chronic Sialorrhea (must meet all):
1. Diagnosis of chronic sialorrhea for at least the last three months due to an underlying neurologic disorder or craniofacial abnormality;
2. Prescribed by or in consultation with a neurologist, physiatrist, or physical medicine and rehabilitation specialist;
3. Age ≥ 18 years;
4. Failure of at least one anticholinergic drug (see Appendix B), unless contraindicated or clinically significant adverse effects are experienced;
5. Provider submits treatment plan detailing the quantity (in units) of Myobloc to be injected in each gland, anticipated frequency of injection(s), and total dose per visit;
6. Dose does not exceed 3,500 units per treatment session.

Approval duration:
Medicaid/HIM – 12 weeks (single treatment session)
Commercial – 6 months

C. Other diagnoses/indications
1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid and HIM-Medical Benefit.

II. Continued Approval
A. Cervical Dystonia (must meet all):
1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. It has been at least 12 weeks since the last injection of a botulinumtoxin;
4. Provider submits treatment plan detailing the quantity (in units) of Myobloc to be injected in each muscle site, anticipated frequency of injection, and total dose per visit;
5. If request is for a dose increase, new dose does not exceed 10,000 units per treatment session.

Approval duration:
Medicaid – 12 weeks (single treatment session)
Commercial – 12 months

B. Chronic Sialorrhea (must meet all):
1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. It has been at least 12 weeks since the last injection of a botulinumtoxin;
4. Provider submits treatment plan detailing the quantity (in units) of Myobloc to be injected in each glandular site, anticipated frequency of injection, and total dose per visit;
5. If request is for a dose increase, new dose does not exceed 3,500 units per treatment session.
Approval duration:
Medicaid – 12 weeks (single treatment session)
Commercial – 12 months

C. Other diagnoses/indications (1 or 2):
1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy;
   Approval duration: 12 weeks (single treatment session); or
2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial and CP.PMN.53 for Medicaid and HIM-Medical Benefit.

III. Diagnoses/Indications for which coverage is NOT authorized:
A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial and CP.PMN.53 for Medicaid and HIM-Medical Benefit, or evidence of coverage documents;
B. Cosmetic treatment of hyperfunctional wrinkles of the upper face including glabellar frown lines, deep forehead wrinkles and periorbital wrinkles (crow’s feet);
C. For Ambetter, hyperhidrosis is a benefit exclusion categorized as a cosmetic service.

IV. Appendices/General Information
Appendix A: Abbreviation/Acronym Key
CD: cervical dystonia
FDA: Food and Drug Administration

Appendix B: Therapeutic Alternatives
This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>Dosing Regimen</th>
<th>Dose Limit/Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>glycopyrrolate (Glycate®)</td>
<td>1 mg PO TID</td>
<td>6 mg/day</td>
</tr>
<tr>
<td>benztropine (Cogentin®)</td>
<td>1 mg PO QD-BID</td>
<td>3.8 mg/day</td>
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</tbody>
</table>

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

Appendix C: Contraindications and Boxed Warnings
- Contraindication(s):
  - Hypersensitivity to any botulinum toxin preparation or to any of the components in the formulation
  - Infection at the proposed injection site
- Boxed warning(s): distant spread of toxin effect
Appendix D: Definition and Classification of Dystonia  

- Dystonia is defined as a movement disorder characterized by sustained or intermittent muscle contractions causing abnormal, often repetitive, movements, postures, or both.
  - Dystonic movements are typically patterned and twisting, and may be tremulous.
  - Dystonia is often initiated or worsened by voluntary action and associated with overflow muscle activation.
- Dystonia is classified along two axes:
  - Clinical characteristics: Age at onset, body distribution, temporal pattern, associated features (additional movement disorders or neurological features) - *the clinical characteristics fall into several specific dystonia syndromes that help to guide diagnosis and treatment*;
  - Etiology: Nervous system pathology, inheritance.

### V. Dosage and Administration

<table>
<thead>
<tr>
<th>Indication</th>
<th>Dosing Regimen</th>
<th>Maximum Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>CD</td>
<td>The initial dose of Myobloc for patients with a history of tolerating botulinum toxin injections is 2,500 to 5,000 U divided among affected muscles. Give patients without a history of tolerating botulinum toxin injections a lower initial dose. Optimize subsequent dosing according to the patient's individual response. The duration of effect has been observed in studies to be between 12 and 16 weeks at doses of 5000 U or 10,000 U.</td>
<td>10,000 units/12 weeks</td>
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<tr>
<td>Chronic sialorrhea</td>
<td>1,500 U to 3,500 U; 500 U to 1,500 U per parotid gland and 250 U per submandibular gland; no more frequent than every 12 weeks</td>
<td>3,500 units/12 weeks</td>
</tr>
</tbody>
</table>

### VI. Product Availability

Vials: 2,500 units/0.5 mL, 5,000 units/1 mL, 10,000 units/2 mL

### VII. References

Coding Implications
Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

<table>
<thead>
<tr>
<th>HCPCS Codes</th>
<th>Description</th>
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<tbody>
<tr>
<td>J0587</td>
<td>Injection, rimabotulinumtoxinB, 100 units</td>
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<tr>
<th>Reviews, Revisions, and Approvals</th>
<th>Date</th>
<th>P&amp;T Approval Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Policy split from CP.PHAR.09. Added max dosing per FDA labeling. Added prescriber requirement. Removed reauthorization criteria requiring attestation of significant improvement in symptoms and/or health-related quality of life.</td>
<td>05.16</td>
<td>07.16</td>
</tr>
<tr>
<td>Added definition and requirement of pain and functional impairment to CD. Added examples of muscle groups and an informational footnote to upper limb spasticity. Efficacy statement added under continuation criteria. Safety information removed. Dystonia information is added at Appendix B. “Non-cosmetic” parenthetical added to the background FDA indication section; cosmetic coverage restriction reworded under the “Other Diagnoses/Indications” section to include notation of glabellar lines.</td>
<td>06.17</td>
<td>07.17</td>
</tr>
<tr>
<td>2Q 2018 annual review: added physical medicine and rehabilitation specialist for cervical dystonia; combined Medicaid and Commercial lines of business; added HIM; Commercial: approval durations changed from length of benefit to 6 months initial and 12 months continued approval; references reviewed and updated.</td>
<td>04.24.18</td>
<td>05.18</td>
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<td>HIM removed as Myobloc does not require prior authorization for this line of business</td>
<td>05.29.18</td>
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<tr>
<td>2Q 2019 annual review: added HIM-Medical Benefit line of business; no significant changes; references reviewed and updated.</td>
<td>02.05.19</td>
<td>05.19</td>
</tr>
<tr>
<td>Criteria added for new FDA indication: chronic sialorrhea; added in Section III that for Ambetter, hyperhidrosis is a benefit exclusion categorized as a cosmetic service; references reviewed and updated.</td>
<td>10.08.19</td>
<td>02.20</td>
</tr>
</tbody>
</table>

Important Reminder
This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and
accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note:
For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.