

HEDIS® TIP SHEET WCC

Thank you for providing quality healthcare to our members. As you may know, quality of care is measured through the Healthcare Effectiveness Data and Information Set (HEDIS). The following HEDIS Tip Sheets have been created to reflect HEDIS 2021 Technical Specifications and may be used as reference to help you increase your practice's HEDIS rates.

(WCC) Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents

Members ages 3 to 17 years who have an outpatient visit with a PCP or OB/GYN and who had evidence of:

- *BMI percentile* documentation
- Counseling for Nutrition
- Counseling for Physical Activity

Best Practice:

- Read, discuss, document and code the member's BMI percentile, counseling for nutrition and physical activity
- The height, weight and BMI percentile must be from the same data source, but can be on different date of service
- Service may be rendered during a visit other than a well-child visit, however, services specific to the assessment and treatment of an acute or chronic condition do not count toward the Counseling for Nutrition and Counseling for Physical Activity
- Use the appropriate diagnosis and/or procedure codes
- Timely submission of claims will ensure HEDIS gap closure

*Please note: The codes and tips listed do not guarantee reimbursement. The information provided is based on HEDIS® 2021 Technical Specifications and is subject to change based on guidance given by the National Committee for Quality Assurance (NCQA). PSHHP_121520_613

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BMI Percentile

Vital Documentation

- Documentation must include height, weight and BMI Percentile
 - BMI percentile documented as a value (e.g., 85th percentile)
 - BMI percentile plotted on an age-appropriate growth chart
- Member collected biometric values (height, weight, BMI percentile) collected by a PCP or Specialist providing primary care services
- Telehealth/Virtual visits are acceptable

Reminder:

- *Ranges and thresholds do not meet requirements
- *Documentation of BMI value only does not meet requirement
- *Documentation of height and weight only does not meet requirement

ICD-10-CM:

- Z68.51 - Body Mass Index (BMI) pediatric, less than 5th percentile for age
- Z68.52 - Body Mass Index (BMI) pediatric, 5th percentile to less than 85th percentile for age
- Z68.53 - Body Mass Index (BMI) pediatric, 85th percentile to less than 95th percentile for age
- Z68.54 - Body Mass Index (BMI) pediatric, greater than or equal to 95th percentile for age

Counseling for Nutrition

Vital Documentation

- Must include a note indicating the date and at least one of the following
 - Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors).
 - Checklist indicating nutrition was addressed.
 - Counseling or referral for nutrition education
 - Member received educational materials on nutrition during a face-to-face visit.
 - Anticipatory guidance for nutrition.
 - Weight or obesity counseling
- The examples of “eating a wide variety of foods”, or “eats 3 balanced meals per day” do meet criteria as they indicate nutrition behaviors
- Telehealth/Virtual visits are acceptable

Codes

| ICD-10-CM | CPT | HCPCS |
|-----------|-------------------------|--|
| Z71.3 | 97802 97803 97804 | G0270, G0271, G0447, S9449, S9452, S9470 |

Reminder:

- *Documentation of a member’s appetite does not meet requirement
- *A physical exam finding or observation alone (e.g., well-nourished) does not meet requirement

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Counseling for Physical Activity

Vital Documentation

- Must include a note indicating the date and at least one of the following
 - Discussion of current physical activity behaviors (e.g., exercise routine, participation in sport activities, exam for sports participation)
 - Checklist indicating physical activity was addressed
 - Counseling or referral for physical activity
 - Member received educational material on physical activity during a face-to-face visit
 - Anticipatory guidance specific to the child’s physical activity
 - Weight or obesity counseling
- Telehealth/Virtual visits are acceptable

Codes

| ICD-10-CM | HCPCS |
|---------------|--------------|
| Z02.5, Z71.82 | G0447, S9451 |

Reminder:

- *Notation of “health education” or “anticipatory guidance” without specific mention of physical activity
- *Notation of anticipatory guidance related solely to safety (e.g., wears helmet or water safety) without specific mention of physical activity

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