

Diabetes Care

Measure Description

The percentage of members 18–75 years of age with diabetes (types 1 and 2) who had each of the following:

- **Hemoglobin A1c Control for Patients with Diabetes (HBD)**
 - ▶ HbA1c control (<8.0%)
 - ▶ HbA1c poor control (>9.0%)
- **Eye Exam for Patients with Diabetes (EED)**
 - ▶ Retinal Eye Exam
- **Blood Pressure Control for Patients with Diabetes (BPD)**
 - ▶ BP adequately controlled (<140/90)

Hemoglobin A1c Control for Patients with Diabetes (HBD)	
Description	CPT – CAT II Codes
7%: Most recent HbA1c level less than 7.0% (DM)	3044F
9.0%: Most recent HbA1c greater than 9.0% (DM)	3046F
Most recent HbA1c level greater than or equal to 7.0% and less than or equal to 8.0% (DM)	3051F
Most recent HbA1c level greater than or equal to 8.0% and less than or equal to 9.0% (DM)	3052F
How to Improve HEDIS Scores HbA1c Tests: <ul style="list-style-type: none"> ■ Schedule lab testing before office visits to review results and adjust treatment plans if needed ■ Document medical record the date when the HbA1c test was performed and the results or findings 	

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Please note: The codes and tips listed do not guarantee reimbursement. The information provided is based on HEDIS® Technical Specifications and is subject to change based on guidance given by the National Committee for Quality Assurance (NCQA)

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Eye Exam for Patients with Diabetes (EED)	
Description	CPT/CPT- CAT II Codes
Automated Eye Exam	92229
Measure Year: Eye Exam with Evidence of Retinopathy	2022F, 2024F, 2026F
Measure Year: Eye Exam without Evidence of Retinopathy	2023F, 2025F, 2033F
Diabetic Retinal Screening Negative in Prior Year: Must be a Negative result to be compliant and the reported date should be the date the provider reviewed the patient's eye exam from the prior year	3072F
Helpful Documentation Tips <ul style="list-style-type: none"> Documentation in the medical record must include a dilated or retinal exam was performed Ensure in the progress notes the date of service, the test or result and the provider credentials are documented The provider must be an optometrist or ophthalmologist to meet compliancy 	
How to Improve HEDIS Scores <ul style="list-style-type: none"> Educate patients on the risks associated with diabetic eye disease Encourage patients to schedule their annual preventive retinal exams with an eyecare professional 	

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Blood Pressure Control for Patients with Diabetes (BPD)

Description	CPT – CAT II Codes
Systolic Blood Pressure less than 130 mm Hg	3074F
Systolic Blood Pressure 130-139 mm Hg	3075F
Systolic Blood Pressure greater than or equal to 140 mm Hg	3077F
Diastolic Blood Pressure less than 80 mm Hg	3078F
Diastolic Blood Pressure 80-89 mm Hg	3079F
Diastolic Blood Pressure greater than or equal to 90 mm Hg	3080F
Remote Blood Pressure Monitoring	CPT: 93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474

Helpful Documentation Tips:

- Document BP on the patient's medical record
- Do not round BP values up. If using an automated machine, record exact values
- Documentation of the last blood pressure reading during the measurement year will be used to calculate compliance.

How to Improve HEDIS Scores

- Select appropriately sized BP cuff, and place cuff on bare arm
- Allow the patient to rest for at least 5 minutes before taking the BP
- Retake the BP if it is high at the office visit (140/90 mm Hg or greater). Document and record the lowest systolic and diastolic reading in the same day
- Review patient's hypertensive medication history and patient compliance, and consider modifying treatment plans for uncontrolled blood pressure, as needed

Additional Settings for BP Readings

- NCQA has made changes to its HEDIS measures. Telephone visits, e-visits and virtual check-ins are now acceptable settings for BP readings

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