

Controlling High Blood Pressure HEDIS Measure Quick Tip



Improving Quality Outcomes

Line of Business: Medicaid, Marketplace, Medicare ●●



CONTROLLING HIGH BLOOD PRESSURE (CBP)

Measure Description

Measure evaluates the percentage of members 18–85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (<140/90 mm Hg).

CPT-CAT II	
Systolic blood pressure less than 130 mm hg	3074F
Systolic blood pressure 130 -139 mm hg	3075F
Systolic blood pressure greater than or equal to 140 mm hg	3077F
Diastolic blood pressure less than 80 mm hg	3078F
Diastolic blood pressure 80-89 mm hg	3079F
Diastolic blood pressure greater than or equal to 90 mm hg	3080F

Description	Codes
Hypertension	ICD-10-CM: I10
Remote BP Monitoring	CPT: 93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474
Online Assessments	CPT: 98970-98972, 99421-99423, 99457, 99458 HCPCS: G2010, G2012, G2061–G2063
Telephone Visits	CPT: 98966-98968, 99441–99443

Codes subject to change

Helpful Documentation Tips:

- Retake the BP if the initial reading is high during the visit (140/90 mm Hg or greater). Document and record the lowest systolic and diastolic reading in the same day
- Review hypertensive medication history and patient compliance to determine treatment plan for uncontrolled blood pressure as needed
- Do not round up BP values if using a digital machine, record exact values.

How to Improve HEDIS Scores

- For accurate measurement of BP, use the proper technique (patient sitting in a chair at least five minutes prior to reading, use correct cuff size, cuff position on patient's bare arm at the level of the midpoint of the sternum, arm of patient is supported).
- Patient reporting BP Readings are acceptable when both of the following are met:
 - » BP taken with an electronic device
 - » Documentation in the medical record specifically the reported BP reading is from an electronic device.
 - » Patient reporting BP with a manual device does not meet criteria
- Assess throughout the year to help the patient gain control through the following measures:
 - » Change medication regimen
 - » Review diet and exercise efforts
 - » Identify barriers for medication adherence, such as filling prescriptions

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Please note: The codes and tips listed do not guarantee reimbursement. The information provided is based on HEDIS® Technical Specifications and is subject to change based on guidance given by the National Committee for Quality Assurance (NCQA).

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