

Online mental health care in as little as 48 hours

Video chat with a provider right from your phone or tablet.





Great news. You can get mental health care from anywhere.

Ambetter from Peach State Health Plan and Brightside

Health have partnered to provide you with expert online mental health care to help you get better, fast.







Start getting care in 3 easy steps

Go to brightside.com/findcare to get started

Answer a few questions and book your first appointment.

Meet with your provider online

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During your first appointment, your provider will get to know you and go over your treatment plan.

Start getting better, with support by your side

Your provider will help you every step of the way. If medication is part of your treatment, it will be sent to your local pharmacy.

We help people ages 13 and up with:

Worry Fear Nervousness Sadness Panic Thoughts of death Stress Anger Parenting

Relationship conflicts

Life changes

Grief or loss

Self-esteem

Trouble sleeping





Get started at brightside.com/findcare

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