



# Book today with Grow Therapy

Peach State Health Plan has partnered with Grow Therapy to make mental health care more accessible.

**growtherapy**



## How Grow Therapy works:



### Choose a provider

Find a contracted Peach State Health Plan provider that specializes in your care.



### Schedule a Time

Most therapists are available for appointments within two days.



### Connect Your Way

Patients can meet providers either in-person or virtually, whichever works best for you.

## We Want You to Get the Care You Need

Let Peach State Health Plan help you access therapy. Browse qualified Georgia therapists to find the one who's right for you, then book an appointment through Grow Therapy to get a jump on your mental health journey.

Get started at [growtherapy.com/peachstate-members](https://growtherapy.com/peachstate-members) or email at [peachstate.support@growtherapy.com](mailto:peachstate.support@growtherapy.com), or call 470-327-9601 to learn more.

Visit: [pshp.com](https://pshp.com) or contact Peach State Health Plan at **1-800-704-1484** TTY/TDD **1-800-255-0056** to learn more.

Peach State Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Do you need help understanding this? You can get information in another language, large print, braille or audio. Call: 1-800-704-1484 (TTY/TDD 1-800-255-0056).

Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Peach State Health Plan, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-800-704-1484 (TTY/TDD 1-800-255-0056).

Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Peach State Health Plan, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-800-704-1484 (TTY/TDD 1-800-255-0056).