



Training and Education Course Catalog

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Welcome

Welcome to Peach State Health Plan, and thank you for being part of our network of physicians, hospitals and other healthcare professionals. We look forward to working with you to improve the health of our state, one person at a time.

About Peach State Health Plan

Peach State Health Plan has a commitment to improving the health of the community one individual at a time through affordable and reliable health care plans. We do this through our focus on the individual, whole health and local involvement.

Focus on individuals. We believe treating people with kindness, respect and dignity empowers healthy decisions and that healthier individuals create more vibrant families and communities.

Whole health. We believe in treating the whole person, not just the physical body.

Active local involvement. We believe local partnerships enable meaningful, accessible healthcare.

About this catalog

The Training and Education Course Catalog contains information about our comprehensive clinical training program, designed to enhance the knowledge, skills and performance of healthcare professionals who empower our members to make positive health behavior changes.

We offer many courses to support continuing education for providers, enhance integrated care, and expand use of best practices. Participants can receive continuing education, for some classes, and receive certificates of attendance related to certain licensing requirements.

Who can attend our courses?

Course participants come from all aspects of healthcare. They include behavioral healthcare providers, primary care physicians, long-term services and supports providers, specialty therapy and rehabilitative service providers, and providers/stakeholders involved in the child welfare system. Their reasons for attending our workshops are as varied as the topics and range from the practical — such as “authorizations” — to the profound — such as “culture of poverty” or “childhood traumatic grief.”

What are the course topics?

Multiple training topics explore ways for physical and behavioral health providers to coordinate services, such as integrated care, cultural competency, common psychotropic medications, positive psychology, strengths-based treatment model and motivational interviewing. In addition, we offer a workshop to explain the use of psychotropic medications in treating mental health and substance use disorders.

Our trainers have extensive knowledge in a variety of health topics, including behavioral health; speech, respiratory, occupational and physical therapy; nursing; exercise physiology; nutrition; diabetes; smoking cessation; case and utilization management; care coordination; data systems; organizational development; long-term services and supports; and child welfare.

We are here to help you with information regarding our education and training workshops, all designed to support the treatment you provide our members and improve member outcomes.

How to access our programs

While we believe the best training is conducted face to face using experiential-oriented approaches, we know this isn't always possible. That's why the training team is equipped to deliver training sessions in a variety of modalities, including in-person, online, interactive sessions; recorded webinars; and self-paced e-learning modules. We offer several convenient ways to register for existing programs and to request additional training sessions.

Please visit our website where you can view program information and register for available sessions.

<https://www.envolveu.com/secure-provider-portal/clinical-training.html>

If you have further questions, please contact us at <https://www.envolveu.com/contact-us.html>, or you may reach out to us directly.

Relias Learning

We know that it can be a challenge for you and your staff to find time to attend trainings and educational opportunities. We offer online clinical education through Relias Learning. All Relias Learning courses are free of charge and available 24 hours a day, seven days a week. Many of the Relias Learning courses offer continuing education units (CEUs), and there is no limit to the number of online courses providers are permitted to take. For information and a complete course catalog, please log in or sign up for Relias Learning.

Our valued providers and caregivers may also utilize the Relias continuing education e-learning system as well.

How to access relias

1. Visit <http://centenetraining.training.reliaslearning.com>.
2. Click “Need a user account? Register now.”
3. Complete the required information.

You will have instant access to Relias’ library of online learning, including courses that may qualify for continuing education credit.

Continuing Education Information

Our clinical trainings offer FREE continuing education (CE) hours for certain behavioral health and nursing licenses. Actual course offerings will list CE hrs. available. Credentialing board requirements vary and are subject to change. *Please defer to your licensing board to ensure courses taken meet your licensure requirements.



Behavioral Health 101

Prerequisites:

None

Description:

To provide guidance in referring patients with undiagnosed behavioral health disorders, providers learn descriptions, symptoms and treatments for anxiety, bipolar disorder, borderline personality, depression, PTSD, schizophrenia and substance abuse.

Duration:

1 to 8 hours

Up to 8 hours of continuing education available*

Course Objectives:

- Recognize symptoms of these seven conditions
- Identify screening options for each condition
- List two treatment options for these seven conditions

Behavioral Health 101: Anxiety

Prerequisites:

None

Description:

Attendees review common symptoms, challenges and evidence-based treatment options for anxiety. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration:

1 hour

Up to 1 hour of continuing education available*

Course Objectives:

- Recognize symptoms of common mental illnesses
- List at least two treatment options for individuals who could have a mental illness
- Identify two medications recommended for each specific diagnosis

Behavioral Health 101: Bipolar Disorder

Prerequisites:

None

Description:

Attendees review common symptoms, challenges and evidence-based treatment options for bipolar disorder. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration:

1 hour

Up to 1 hour of continuing education available*

Course Objectives:

- Recognize symptoms of bipolar disorder
- List at least two treatment options for individuals who could have bipolar disorder
- Identify two medications recommended for bipolar disorder

Behavioral Health 101: Depression

Prerequisites:

None

Description:

Attendees review common symptoms, challenges and evidence-based treatment options for depression. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration:

1 hour

Up to 1 hour of continuing education available*

Course Objectives:

- Recognize symptoms of depression
- List at least two treatment options for individuals who could have depression
- Identify two medications recommended for depression

Behavioral Health 101: Post-Traumatic Stress Disorder (PTSD)

Prerequisites:

None

Description:

Attendees review common symptoms, challenges and evidence-based treatment options for PTSD. This training is one of six modules in the Behavioral Health 101 series and can be offered with or without screening tools.

Duration:

1 hour

Up to 1 hour of continuing education available*

Course Objectives:

- Recognize symptoms of PTSD
- List at least two treatment options for individuals who could have PTSD
- Identify two medications recommended for PTSD

Behavioral Health 101: Schizophrenia

Prerequisites:

None

Description:

Attendees review common symptoms, challenges and evidence-based treatment options for schizophrenia. This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration:

1 hour
Up to 1 hour of continuing education available*

Course Objectives:

- Recognize symptoms of schizophrenia
- List at least two treatment options for individuals who could have schizophrenia
- Identify two medications recommended for schizophrenia

Behavioral Health 101: Substance Use Disorder

Prerequisites:

None

Description:

Attendees review common symptoms, challenges and evidence-based treatment options for substance use disorder (SUD). This training is one of six modules in the Behavioral Health 101 series. This module can be offered with or without screening tools.

Duration:

1 hour
Up to 1 hour of continuing education available*

Course Objectives:

- Recognize symptoms of SUD
- List at least two treatment options for individuals who could have SUD
- Identify two medications recommended for SUD

Changes to Prior Authorization Requirements for Outpatient Treatment

Prerequisites:

None

Description:

Behavioral health providers learn the prior authorization requirement changes for outpatient treatment requests (OTR).

Duration:

30 minutes
no CEs available

Course Objectives:

- Explain the OTR requirement changes and the impacted CPT codes
- Define episode of care and twelve sessions
- Review process for requesting prior authorizations and submitting appeals

Cultural Competency

Prerequisites:

None

Description:

This course explains the importance of cultural competency among behavioral health providers to improve patient treatment. Training includes components of culture, communication variations, cultural impact on services, treatment and potential barriers.

Duration:

3 hours
Up to 3 hours of continuing education available*

Course Objectives:

- Discuss levels of cultural competency and cultural considerations
- Identify four communication variations within/ across cultures
- List two ways that providing culturally competent healthcare improves the patient's treatment

Eating Disorders

Prerequisites:

None

Description:

Behavioral health providers learn about eating disorders and its causes, symptoms and some methods of treatment. The course emphasizes three eating disorders: anorexia nervosa, bulimia nervosa and binge eating.

Duration:

2 hours
Up to 2 hours of continuing education available*

Course Objectives:

- Identify the symptoms and types of eating disorders
- Review changes in diagnostic criteria between editions of the "Diagnostic and Statistical Manual"
- Identify treatment methods

Effective Communication for Providers: Module 1 - Communication Basics

Prerequisites:

None

Description:

This brief workshop helps providers learn the difference

between effective and ineffective communication. The training also offers some techniques and language styles to help providers improve communication with patients.

Duration:

2 hours
Up to 2 hours of continuing education available*

Course Objectives:

- Define effective communication
- Identify at least three types of language styles
- Complete two exercises that demonstrate effective communication

Integrated Healthcare

Prerequisites:

None

Description:

Behavioral health, substance abuse and physical health providers are introduced to the concept of integrated care, which is designed to increase positive treatment outcomes through a holistic model of care and comprehensive and collaborative supports.

Duration:

1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:

- List types of healthcare providers and models of care involved in integrated health
- Review efforts toward integration and location of resources
- Identify physical symptoms that may have behavioral or substance use origins

Intimate Partner Violence

Prerequisites:

None

Description:

Providers learn about intimate partner violence, cycles of abuse, resources and practical tips for working with members currently in situations of violence from intimate partners.

Duration:

1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:

- Name at least three components of the power and control wheel

- Identify at least three barriers to leaving an abusive situation
- Identify at least three factors to consider when working with an individual in an abusive relationship

Mental Health First Aid: Adult

Prerequisites:

None

Description:

For clinical and non-clinical staff who may need to intervene with someone having a mental health crisis, this course provides basic information about mental health disorders and substance abuse as well as suggested interventions.

Duration:

8 hours
Check with your licensing board for CEU credit information

Course Objectives:

- Become familiar with signs and symptoms of mental health problems
- Learn ALGEE, a mnemonic device that refers to a five-step action plan to intervene and help those with a mental health crisis
- Gain information on resources and treatment options

Mental Health First Aid: Youth

Prerequisites:

None

Description:

Providers and staff learn about mental health and substance abuse disorders common among individuals ages 12 to 25 as well as intervention methods and crisis action plans. Also explained is ALGEE, a mnemonic device that refers to a five-step action plans.

Duration:

8 hours
Check with your licensing board for CEU credit information

Course Objectives:

- Review symptoms of behavioral health problems in individuals ages 12 to 25
- Learn ALGEE, a mnemonic device that refers to a five-step action plan to intervene and help those with a mental health crisis
- Gain information on resources and treatment options

Module 1 Introduction to ICD-10 and How it Relates to the DSM-5

Prerequisites:

None

Description:

Mental health providers are introduced to ICD-10 and its relationship to DSM-5. They also learn to use ICD-10 to bridge the communications gap with physical health providers.

Duration:

1 hour
Up to 1 hour of continuing education available*

Course Objectives:

- List at least three important terms and definitions related to ICD
- Explain ways in which the ICD-10 and DSM-5 are related
- Locate the ICD-10 online and navigate to the specific section on behavioral health

Motivational Interviewing (MI): Level 1**Prerequisites:**

None

Description:

The purpose of the training is an introduction to the basics of motivational interviewing (MI). Attendees will be exposed to and begin to learn key concepts and skills. This training is considered a Level 1 MI training.

Duration:

4 to 6 hours
Up to 6 hours of continuing education available*

Course Objectives:

- List the four processes of MI
- Name the benefits of engagement
- Describe a purpose of focusing
- Discuss differences between change and sustain talk
- List components of planning

Non-Suicidal Self Injury (NSSI)**Prerequisites:**

None

Description:

Providers and staff learn how to respond to individuals who engage in non-suicidal self-injury. This course also covers myths and facts about self-injury and culturally sanctioned forms of self-harming among gender groups, special populations and others.

Duration:

1 hours
Up to 1 hours of continuing education available*

Course Objectives:

- Identify at least three non-suicidal self-injury diagnostic criteria
- List at least four risk factors
- Compare criteria between non-suicidal self-injury behavior and suicidal behavior
- Identify stages of change for non-suicidal self-injury

Overview of Changes to the DSM 5**Prerequisites:**

None

Description:

Providers receive an overview of changes in the diagnostic standards and coding from the DSM-IV-TR to the DSM-5 (ICD9/ICD10). The presentation includes examples of diagnostic organization, specifiers and cultural context.

Duration:

4 hours
Up to 4 hours of continuing education available*

Course Objectives:

- Describe the role subtypes, specifiers and severities have made in making diagnoses more comprehensive
- List examples of cultural considerations in the new edition
- Complete scenarios to practice using DSM-5 diagnostic-specific rules

Positive Psychology: Clinical Tools for Behavioral Health Providers**Prerequisites:**

None

Description:

Providers receive a strong understanding of positive psychology, which focuses on personal growth rather than pathology such as mental illness. Providers also learn useful clinical tools and how to find positive psychology resources for patients.

Duration:

1 hours
Up to 1 hours of continuing education available*

Course Objectives:

- State at least two definitions of positive psychology
- Identify at least three clinical tools to use with members
- Locate positive psychology resources
- Discuss how to guide patients to focus on areas of their lives within their control

Psychotropic Medications**Prerequisites:**

None

Description:

Behavioral health providers learn about the role psychotropic medications play in the treatment of mental health and substance use disorders. The course explains the drugs' classifications and side effects.

Duration:

1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:

- Verbalize the definition of psychotropic medications and what they treat
- Understand the classifications and common side effects
- Review special considerations for older adults

Resiliency and Recovery**Prerequisites:**

None

Description:

Providers learn how to help members in recovery from substance use and also to identify characteristics in members that may be barriers or supports to recovery. Also covered is the new working definition of recovery.

Duration:

1 hour
no CEs available

Course Objectives:

- Understand differences between people "in recovery" and "not in recovery"
- Understand risk and protective factors, resiliency and the guiding principles of recovery
- Discuss ways providers can help a patient in recovery

Screening Brief Intervention and Referral to Treatment (SBIRT) for Physical Health Providers**Prerequisites:**

None

Description:

Attendees will gain clinical knowledge and skills to implement the use of SBIRT in their practice. This training focuses on screening and referral to treatment for alcohol and substance use in patients in a health care setting.

Duration:

2 - 3 hours

Up to 2 hours of continuing education available*

Course Objectives:

- Define SBIRT
- List the components of SBIRT
- Name SBIRT tools and define how they may be used during an assessment
- Identify billing methods for your state

SMART Goals for Providers**Prerequisites:**

None

Description:

Providers learn ways to assist members by using SMART goals – which are specific, measurable, achievable, realistic and timely – as part of members' efforts to change their behaviors. Goals are tracked to assess members' progress and compliance.

Duration:

1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:

- Define SMART goals and apply them to case examples
- Practice using SMART goals format in developing care plans and progress notes
- Review pitfalls to avoid when developing care plans

Social Determinants**Prerequisites:**

None

Description:

Attendees will gain clinical knowledge on social determinants of health and the impact these determinants have on health disparities and inequity.

Duration:

2 hours
Up to 2 hours of continuing education available*

Course Objectives:

- List determinants of health that may affect the populations that receive care in your practice
- Complete an activity to gain insight into how SDOH affect daily needs
- Discuss how SDOH may lead to health disparities and health inequity

Stages of Change

Prerequisites:

None

Description:

Those who work with individuals who need to change their behaviors learn about the five stages of readiness for change advanced by James O. Prochaska and Carlo Di Clemente, who believe change is a process involving progress through a series of stages.

Duration:

1 hours

Up to 1 hours of continuing education available*

Course Objectives:

- Recognize client stages of change
- Understand help steps for change

Strengths-Based Treatment

Prerequisites:

None

Description:

Traditionally, helping professions focused on deficits and not on interventions that promote positive aspects of self. In this strengths-based treatment course, providers learn about SBT approaches, tools and interventions to promote a path to recovery.

Duration:

1.5 hours

Up to 1.5 hours of continuing education available*

Objectives:

- Increase knowledge and define core concepts of strengths-based approaches
- Describe the importance of encouragement
- Practice strengths-based tools and interventions

Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview

Prerequisites:

None

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to substance use disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1.5 hours

Up to 1.5 hours of continuing education available*

Objectives:

- State effects of substance use on the brain reward pathway
- Discuss severity levels of substance use disorders
- List examples of a substance-induced disorder
- Identify location of the 10 separate classes of substances chart in the DSM-5

Substance-Related and Addictive Disorders Module 2: Alcohol-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Alcohol-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1.5 hours

Up to 1.5 hours of continuing education available*

Objectives:

- State differences between moderate drinking, binge drinking, and heavy alcohol use
- List the alcohol related disorders in the DSM-5
- Identify 4 evidenced-based treatments for alcohol use disorders

Substance-Related and Addictive Disorders Module 3: Caffeine-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Caffeine-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1 hour

Up to 1 hour of continuing education available*

Course Objectives:

- Identify symptoms of caffeine intoxication as identified in the DSM-5
- Recognize how caffeine consumption can interact with other medical and behavioral health issues
- Articulate methods of intervening with problematic caffeine consumption

Substance-Related and Addictive Disorders Module 4: Cannabis-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Cannabis-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1.5 hour

Up to 1.5 hour of continuing education available*

Course Objectives:

- Differentiate between signs of cannabis intoxication and withdrawal
- Identify three risk factors for developing a cannabis use disorder
- Name two treatment modalities effective for treating cannabis related disorders

Substance-Related and Addictive Disorders Module 5: Hallucinogen-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Hallucinogen-Related Disorders. The course also teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1 hours

Up to 1 hours of continuing education available*

Course Objectives:

- Name three types of hallucinogens
- List two physical and mental effects of hallucinogen use
- Identify the Hallucinogen-Related Disorders listed in the DSM5
- State five possible symptoms of a hallucinogen overdose

Substance-Related and Addictive Disorders Module 6: Inhalant-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Inhalant-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1 hours

Up to 1 hours of continuing education available*

Course Objectives:

- Identify the four types of inhalants
- Identify how a client will be diagnosed with one of the three severity levels of inhalant abuse
- Recognize medical consequences of inhalant abuse
- Discuss treatment options for inhalant abuse

Substance-Related and Addictive Disorders Module 7: Opioid-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to Opioid-Related Disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

2 hours

Up to 2 hours of continuing education available*

Course Objectives:

- Verbalize two forms of opioids and how opioids work in the brain
- Identify evidence-based screening tools and treatment methods
- Identify severity levels of substance use disorders

Substance-Related and Addictive Disorders Module 8: Sedative, Hypnotic, or Anxiolytic-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to sedative use disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1.5 hour
Up to 1.5 hour of continuing education available*

Course Objectives:

- Describe how sedatives, hypnotics and anxiolytics affect the central nervous system
- List the DSM-5 criteria and effective prevention methods
- Verbalize treatment methods

Substance-Related and Addictive Disorders Module 9: Stimulant-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to stimulant-related disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1.5 hour
Up to 1.5 hour of continuing education available*

Course Objectives:

- Name two illicit and two prescription stimulants
- Identify three physical/mental effects of stimulant use
- List the stimulant-related disorders in the DSM-5
- Identify three evidenced-based treatments

Substance-Related and Addictive Disorders Module 10: Tobacco-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic

Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to tobacco-related disorders. In addition, the course teaches the alterations that substance use may make to important brain areas needed for life-sustaining functions.

Duration:

1 hour
Up to 1 hour of continuing education available*

Course Objectives:

- Discuss development/course of when individuals begin smoking
- List the physical/mental health effects of tobacco and nicotine
- Understand how nicotine interacts with the brain
- Verbalize criteria and treatment options

Substance-Related and Addictive Disorders Module 11: Non-Substance-Related Disorders

Prerequisites:

Participants should attend Substance-Related and Addictive Disorders Module 1: DSM-5 Criteria and Diagnostic Information Overview prior to this training.

Description:

Attendees receive an overview of DSM-5 criteria and diagnostic information specific to non-substance-related disorders. The course also reviews alterations that addictions may make to important brain areas needed for life-sustaining functions.

Duration:

1 hour
Up to 1 hour of continuing education available*

Course Objectives:

- State the 11 criteria of gambling use disorder
- Recognize the current difficulties with treatment of gambling use disorder
- Verbalize treatment options for gambling use disorder

Suicide Risk - A Clinical Perspective Module 1: Suicide Risk Overview

Prerequisites:

None

Description:

Clinicians learn to identify warning signs and risks of suicide. They also learn about protective factors, which ensure vulnerable people are supported and connected with others during difficult times, thus making suicidal behaviors less likely.

Duration:

1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:

- Identify risk and protective factors related to suicide attempts and suicidal behavior
- Understand the difference between risk factors and warning signs
- List three ways to increase integrated and continuous care to help in suicide prevention

Suicide Clinical Risk Training Module 2: Assessment Intervention and Evidence-Based Treatments

Prerequisites:

Participants should complete module 1 before module 2

Description:

To help prevent suicide, providers and clinical staff learn assessment tools to screen for depression, anxiety and alcohol use, all of which can increase suicide risk. This course also covers evidence-based treatment interventions.

Duration:

2 hours
Up to 2 hours of continuing education available*

Course Objectives:

- List three screening tools used to screen for mental health and suicide risk
- Complete case scenarios using PHQ-9, AUDIT and SAFE-T
- List three evidence-based treatment methods to treat suicide

Trauma-Informed Care

Prerequisites:

None

Description:

Theories and practices within the health system used to design and implement trauma responsive services that promote health and reduce retraumatization through service delivery.

Duration:

1.5 hours
Up to 1.5 hours of continuing education available*

Course Objectives:

- Define trauma and identify types
- Understand the impact of trauma on individuals and services
- Identify characteristics of trauma-informed systems
- Understand the impact of trauma on care providers



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