

Somatus Healthy Living Program

Frequently Asked Questions

What is the Somatus Healthy Living Program?

This program provides eligible members of Wellcare, with or at risk of chronic kidney disease (CKD) or end-stage kidney disease (ESKD), with a personal support team of health professionals to work one-on-one with them to manage their kidney disease and actively follow their treatment plans. The goal of the Somatus program is to improve quality measures and clinical outcomes.

What does the program include?

- One-on-one care management to help members manage their kidney disease and comorbidities
- Personal, social, and community support to address social determinants of health
- Individualized health coaching based on the member's condition, treatment options, and diet
- Assistance to transition safely from hospital to home
- Guidance exploring transplant options, if appropriate
- Immediate nurse support via a free 24/7 care line at (855) 851-8354, ext. 9

Who is eligible for the program?

Patient eligibility is reserved for Wellcare members and is determined by Wellcare. You can request a list of eligible patients in your practice by calling Somatus at (855) 851-2252 or emailing info@somatus.com.



What other services are offered?



Hospital transition services

Somatus nurses work to ensure a safer transition home by helping members who are enrolled in the program to understand their discharge orders, get necessary supplies/ equipment, and provide regular check-ins to prevent readmission.



Home modality education

Somatus nurses review dialysis options with enrolled members (including home dialysis) and help transition them to the best treatment method.



Diet and lifestyle management and health coaching

Somatus dietitians educate enrolled members on kidney-friendly food options, help with their meal planning, and support them in achieving their health goals.



Access to community resources

Somatus patient health advocates connect enrolled members to resources, including medication assistance programs, transportation, and financial resources.

How do my patients get started in this program?

Eligible members can call Somatus at (855) 851-2252 to get started.

As a nephrologist or provider, what can I do to help my patients who are enrolled in this program?

Please help us engage those of your patients who are enrolled in the program by collaborating with our care management team and reinforcing our patient education and coordination efforts. We also ask that you help us meet patient needs for urgent/same-day appointments (if necessary) so we can work together to improve patient health outcomes.



Questions? Contact Somatus at:
(855) 851-2252 (TTY: 711)
info@somatus.com